

## The Pulse of Asia 2015 Report

The Pulse of Asia 2015 (POA 2015), was held from 22 to 23 May 2015 in Shanghai. The meeting was organized by the Pulse of Asia Society and the Shanghai Institute of Hypertension, in collaboration with The Chinese Hypertension League, the Artery Society and the Pulse Journal, and supported by Shanghai MaiFeng Medical Cousultancy Co., Ltd. Since POA 2011 in Beijing, it was the second time that China hosted the POA annual meeting.



About 160 scientists and investigators in the field of arterial structure and function research participated in the conference. They came from Australia, Belgium, China, France, Japan, Korea, Taiwan, Thailand, USA, etc. Seventy-six abstracts were received for oral and poster presentations in the conference.

Prof. Lisheng Liu (former president of the World Hypertension League, honorary president of the Chinese Hypertension League), Prof. Zhaosu Wu (president of the Chinese Hypertension League) and Prof. Byung Hee Oh (president of the Pulse of Asia Society) served as honorary chairpersons for POA 2015. Prof. Jiguang Wang (Director of the Shanghai Institute of Hypertension) is the chairperson for this meeting, Prof. Alberto Avolio (vice president of the Pulse of Asia Society), Prof. Jeong Bae Park (The secretary-general of the Pulse of Asia Society), Prof. Jan A Staessen, Prof. Murray Epstein and other renowned experts also attended POA 2015 and gave their presentations at the conference.



English was the official language of this conference. The participants discussed artery-related diseases. There are keynote lectures, lectures, panel discussions. For the first time, the committee arranged free communications for the young investigators.

The core identity of POA is exploring the structure and function of the vascular system. The academic content could be divided into the techniques and methods of arterial measurements, prediction and prevention of vascular diseases, clinical application and guidelines, etc, regarding basic, epidemiological and clinical research.



About 30 experts gave presentation or participated panel discussion at the conference, 40 young researchers gave oral or poster presentations. Clinical guideline (Clinical Application of Arterial Measurements Guideline) is one of the most important topics. The current guidelines focused on technical aspects rather than clinical applications. Therefore, experts from all over the

world plan to write a specific guideline for the arterial system based on the development during the past 50 years.

At the award ceremony, Prof. Byung Hee Oh and Prof. Dingliang Zhu were awarded the Lifetime Achievement Award for their contribution on arterial research; Chisa Matsumoto, Sung-Ha Park, Yibang Cheng and Tongshuai Guo won the award of Best Oral Presentations; Su-A Kim and Toru Miyoshi obtained the award of Best Poster Presentations. The business meeting of the Pulse of Asia Society were after the POA 2015, and future plans and affairs of POA were discussed.



POA 2015 Organizing Committee

